

Dear PSPS Students,

I fully thank all PSPS students for following our last guidelines for prevention of the Ebola virus disease. The recent situation however increases our concern. Instead of subsiding, the Ebola virus disease is spreading to other areas. Because 2014 Ebola outbreak in West Africa is known to be the deadliest occurrence of the disease since its discovery in 1976, it is time to be fully prepared for every situation.

Here are more guidelines that will help prevent it:

- If students did not report before traveling abroad during the summer vacation or if they traveled to other countries not reported, please visit the PSPS office right after you arrive at YU.
- After you return to Korea, pay attention to your health.
  - Monitor your health for 21 days if you travelled abroad, especially if you were in contact with blood or body fluids, items that have come in contact with blood or body fluids, animals or raw meat, or if you made a visit to the hospitals where Ebola patients were being treated or participated in burial rituals.
  - Seek medical care immediately if you develop a fever (temperature of 101.5°F/ 38.6°C) and any of the following symptoms: headache, muscle pain, diarrhea, vomiting, stomach pain, or unexplained bruising or bleeding.
  - If you feel necessary, see a doctor directly.
- Until the disease is under control, PSPS will be enforcing strict guidelines regarding travelling abroad.
  - If travel abroad is necessary, you must get permission from the PSPS Administration Office.

Even though Ebola is a very low risk for most travelers—it is only spread through direct contact with the blood or other body fluids of a sick person—please keep in mind that "Prevention is better than a cure".



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